

U-TURN RANCH – Day Camp Information/Packing Sheet

ARRIVAL

Drop off is daily between 8:00 and 8:30 AM. Please allow extra time the first day of camp. The rest of the week will go quick. If you purchased early drop off with registration, you are welcome to drop your camper off between 7:30 and 7:55. Should there be any cars already in line, please let one of our staff know so we can pull you through.

A parent, guardian or responsible adult must drop off the camper each morning. At this time you will need to let us know who is picking up that evening. All medication is to be handed in at registration the first day of camp. Please keep it with you in the vehicle in order to check it in with the first aid attendant.

When you arrive at the camp, you will be directed through a drive-through drop off. There will be checkpoints along the way to let us know who is picking up at the end of the day, and to see first aid or nurse if needed. Please call and leave a message if your child will be absent or late the first day of camp.

DEPARTURE

Monday to Thursday pick up is from 5:00 to 5:30 PM. The daily program ends at 5 PM. Friday sign out will take place at 4:30 PM. All sign out is done drive-through style so pick up is quick.

EARLY PICK UP/LATE DROP OFFS

We do not encourage late drop offs or early pick ups as campers miss out on activities. However, we do understand that at times this may need to happen. If arriving after drop off, we ask that you are patient with our staff who will meet you in our parking lot as soon as time permits. If picking up early, please let us know at drop off the morning of, so that we can have your camper ready to go. These arrangements need to be noted at drop off. There is no need to call the office if you have let us know in the morning.

LICE CHECKS

A lice check is done on all campers the first morning of drop off. Please be advised that if there are any lice or nits discovered, campers will be sent home to be treated and then allowed back to camp once nits are removed. If there is anything that we are unsure of in their hair, we will require that they are cleared by public health or a lice care professional before returning. There are no refunds for these situations. U-Turn strongly encourages parents to check prior to arrival.

PETS

We ask that if pets come with you to the ranch, that they remain in your vehicle with you.

MEDICATION

Please bring any medication that your camper will require during camp the Monday morning of drop off. You will have the opportunity to drop it off with our First Aid Attendant/Nurse. We ask that medications required throughout the year be sent with your child to camp.

The Ranch reserves the right to refuse admission to any camper with a suspected contagious condition. To ensure your child has an enjoyable week, and to protect other campers, please have any condition treated completely before coming to camp. If this is not possible, please contact us ahead of time.

SUNSCREEN & BUG SPRAY

We ask that sunscreen and bug spray be applied each morning before drop off. This will ensure your camper has a good base for the day. We will encourage campers to reapply midday.

SWIM SAFETY/SWIM TEST

We put all campers into one of the three categories. Younger camper's parents/guardians will be asked about ability the first morning of drop off.

- 1)The camper is a confidence swimmer and can do the swim test.
- 2)The camper should stay in the shallow end at all times.
- 3)The camper will have a lifejacket/puddle jumper and will keep it on the entire time while in the pool area.

On the first day of camp, we will do a swim assessment for the campers who want to swim in the deep end without a lifejacket/puddle jumper. For the assessment they will need to swim across the pool (40 feet), tread water for half a

minute and swim back (another 40 feet) without a break or touching the bottom or sides of the pool. If they pass this assessment confidently, they will be allowed in the deep end of the pool without a lifejacket/puddle jumper. If your camper doesn't pass the test or chooses not to do the test, they will need to stay in the shallow end or wear a lifejacket/puddle jumper. If a lifejacket/puddle jumper is sent we will require that they wear it the entire time they are in the pool area. We do not allow campers to take off and put back on lifejackets/puddle jumpers due to safety. For younger campers, we always encourage lifejackets/puddle jumpers as they are in the pool with a group of other campers.

CANTEEN OR TUCK SHOP

The tuck shop will be open every afternoon for campers to choose a snack based on the amount purchase with registration. If you are unsure of what you selected, please refer to the receipt that was issued with your confirmation email. The tuck shop includes items such as chocolate bars, chips, candy and pop. Healthier options are also included items such as crackers, cheese strings, yogurt, granola bars, goldfish, juice and water. If you purchase 2 items/day they will be encouraged to select a drink and a snack each day. We allow campers to get 1-3 items a day based on the money that has been provided for the week. No refunds will be issued as majority of campers spend their entire amount.

SNACK AND LUNCH

Each day a small snack will be provided midmorning. This is not a replacement for breakfast, but rather something like a granola bar or a handful of pretzels. Lunch is also served daily. Lunch includes things like grilled cheese, pizza buns, sandwiches, mac & cheese, or hotdogs. E.g. Hotdog day we plan for each camper to have 2 to 3 hotdogs. Pizza bun day we plan for each camper have 2 to 4 pizza buns.

We realize that each camper requires a different amount of food. Should your camper require more please discuss with our staff. You are welcome to send extra food but we do need to ensure that allergies are considered.

FOOD ALLERGIES

If a special diet was noted on the camper's registration, our office will contact you the week prior to camp with a menu. As per our registration, if your camper is needing something other than what is provided from our kitchen, we ask that you pack a nut free lunch for that day. Please hand in the lunch at drop off and we will ensure to get it to your camper at lunch time.

LOST AND FOUND

Though we work hard to care for and protect individual's items, we do not assume responsibility for lost or damaged items. If you are missing an item at the end of the day, please check in with our staff the following morning. Often group leaders will hold the items at their group meeting place till the following day. An email will follow Friday after camp with pictures of any lost and found items remaining. If you have an item shown, please contact the office and plan for pickup the following week. All items will be held for 1 week following their week at camp, unless other arrangements have been made.

MAIL

U-Turn Ranch does pony express every day (delivery of mail on horseback). Feel free to drop off letters on Monday morning and we will deliver them throughout the week. No snacks, please! We ask the letters are not emailed to the office as we cannot ensure they will get printed in time to make the mail. No pressure to do a letter every day – your camper will be thrilled even with 1 during the week.

WEATHER

Our program runs rain or shine. If it is down pouring, thundering or lightning, we alter our program as needed. If rain is in the forecast, please send your camper with a few extra pairs of clothes and rain gear. Splash pants and raincoats are a great idea as they will stay nice and dry and when the rain stops, it is easy for them to take them off and enjoy the rest of the day in dry clothes.

THEME MEALS

We want to have your child join us in dressing up if they would like. Please feel no pressure. This should not require anything that you don't already have in your home.

Monday – No theme

Tuesday – Dress the color of your day group

Wednesday – Wacky Hair Day

Thursday - Jersey/Sports Day

Friday - U-Turn swag or Western wear Day

DIRECTIONS

We are located just outside of Tavistock across from the John Deere tractor dealership. When using the GPS please use 537097 County Rd. 34 Tavistock.

WHAT TO BRING FOR CAMP

- Swimsuit and towel
- Lifejacket/puddle jumper if your child requires
- Long pants for Horseman. Helmets will be provided
- Solid shoes or boots for riding. While choosing footwear for horsemanship activities, please consider that occasional accidents do happen with our big gentle friends (Horses) and they may step on feet. Crocs and sandals will not be allowed in the barn area. Solid running shoes and rubber boots are ideal.
- Running shoes
- Sandals or crocs – These are NEEDED as it gets very hot. Crocks are ideal as they can get wet.
- Rain gear if rain is in the forecast
- Extra set of clothes-extra socks
- Sunscreen and bug repellent, if needed to reapply
- Hat
- Refillable water bottle - campers must have a refillable water bottle. Please send full each morning.

Please do not send valuables, technology, phones, or money with campers. U-Turn cannot ensure that it will be safe or prevent loss during the day.